



# Negative Results Guide

## What Your Results Mean for You

### Your MyOme genetic test results were negative.

This means that no disease-causing genetic changes (pathogenic/likely pathogenic variants) were found in the genes tested. This is reassuring and suggests you are not at increased genetic risk for the conditions associated with the genes tested. However, the test does not include all possible causes of these conditions, and like all genetic tests, some types of genetic changes may be missed.

### Your genetics are just one piece of the puzzle.

Personal, lifestyle, and environmental factors can also contribute to your disease risk. Your results should be considered alongside your personal and family health history, lifestyle, and other clinical findings. It's important to continue regular health screenings and follow preventative care recommendations from your healthcare provider.

## What Your Results Mean for Your Family

### Your test results are specific to you.

Results do not provide complete information about your family's genetic risk. Family members may have their own unique genetic variations that were not captured in your test. If there is a family history of a condition, or if your relatives want to learn more about their own health, genetic testing may still be helpful for them.

## Next Steps: Partnering with Your Healthcare Provider

### Share your results

Your healthcare provider can help you understand what your results mean in the context of your personal and family health history.

### Follow Recommendations

Continue following recommended population health screening guidelines. If you have a personal or family history of any of the conditions screened, additional screening or genetic testing may be recommended.

### Stay Informed

Genetic research is constantly evolving. As knowledge advances, your provider can access updated reports from MyOme to gain additional insights.



**Have more question about your results? We're here to help.**

Visit our website to learn more or to connect with a genetic counselor.

This test was developed, and its performance characteristics were determined, by MyOme, Inc., a clinical laboratory certified under the Clinical Laboratory Improvement Amendments of 1988 (CLIA) and College of American Pathologist (CAP) accredited to perform high complexity clinical laboratory testing. This test has not been cleared or approved by the U.S. Food and Drug Administration (FDA). Test results should always be interpreted by a clinician in the context of clinical and familial data with the availability of genetic counseling when appropriate. MyOme is not responsible for the content or accuracy of third-party websites.